

COVID-19 Decision Tree

(revised 7/24/2020 due to updated guidelines from CDC)



EMPLOYEE / INDIVIDUAL



Do you have ***SYMPTOMS**?

You had close contact (within 6 feet for more than 15 minutes) with a person with ***SYMPTOMS** of COVID-19.

Self-isolate for 14 days in accordance with CDC guidelines. Conduct daily monitoring of your health.

Continue with normal activities while monitoring your health daily.

NO

YES

***SYMPTOMS MAY APPEAR 2-14 DAYS AFTER EXPOSURE TO THE VIRUS AND INCLUDE:**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This document is a general guideline to assist with decision making. Please refer to Panhandle Health District or your healthcare provider for questions that are specific to your individual circumstance.

Seek the evaluation of a medical provider to determine if COVID-19 testing is indicated.

If testing is indicated, please ISOLATE until test results are received.

If test result is POSITIVE, continue to ISOLATE and local public health will contact you for follow up.

If no testing is conducted, you should ISOLATE for 14 days after illness onset or your last exposure and at least 2 days after symptoms have improved.